

29 Gifts How A Month Of Giving Can Change Your Life

I wrote a book about you. (No, really. I did. You're holding it.)

PARENTING NEVER ENDS. From the founders of the #1 site for parents of teens and young adults comes an essential guide for building strong relationships with your teens and preparing them to successfully launch into adulthood The high school and college years: an extended roller coaster of academics, friends, first loves, first break-ups, driver's ed, jobs, and everything in between. Kids are constantly changing and how we parent them must change, too. But how do we stay close as a family as our lives move apart? Enter the co-founders of Grown and Flown, Lisa Heffernan and Mary Dell Harrington. In the midst of guiding their own kids through this transition, they launched what has become the largest website and online community for parents of fifteen to twenty-five year olds. Now they've compiled new takeaways and fresh insights from all that they've learned into this handy, must-have guide. Grown and Flown is a one-stop resource for parenting teenagers, leading up to—and through—high school and those first years of independence. It covers everything from the monumental (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as academics, anxiety and mental health, college life—it features a combination of stories, advice from professionals, and practical sidebars. Consider this your parenting lifeline: an easy-to-use manual that offers support and perspective. Grown and Flown is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

NEW YORK TIMES BEST SELLER • A Best Book of 2021: Entertainment Weekly, Good Morning America, Wall Street Journal, and more From the indie rockstar of Japanese Breakfast fame, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her.

Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

This beloved account about an intrepid young Englishman on the first leg of his walk from London to Constantinople is simply one of the best works of travel literature ever written. At the age of eighteen, Patrick Leigh Fermor set off from the heart of London on an epic journey—to walk to Constantinople. *A Time of Gifts* is the rich account of his adventures as far as Hungary, after which *Between the Woods and the Water* continues the story to the Iron Gates that divide the Carpathian and Balkan mountains. Acclaimed for its sweep and intelligence, Leigh Fermor's book explores a remarkable moment in time. Hitler has just come to power but war is still ahead, as he walks through a Europe soon to be forever changed—through the Lowlands to Mitteleuropa, to Teutonic and Slav heartlands, through the baroque remains of the Holy Roman Empire; up the Rhine, and down to the Danube. At once a memoir of coming-of-age, an account of a journey, and a dazzling exposition of the English language, *A Time of Gifts* is also a portrait of a continent already showing ominous signs of the holocaust to come.

At age thirty-five, Cami Walker was burdened by a battle with multiple sclerosis, a chronic neurological condition that made it difficult for her to walk, work, or enjoy her life. Seeking a remedy for her depression after being hospitalized, she received an uncommon prescription from an African medicine woman: Give to others for 29 days. *29 Gifts* is the insightful story of the author's life change as she embraces and reflects on the naturally reciprocal process of giving and receiving. Many of Walker's gifts were simple—a phone call, spare change, a Kleenex. Yet the acts were transformative. By Day 29, not only had Walker's health and happiness improved, but she had created a worldwide giving movement. The book also includes personal essays from others whose lives changed for the better by giving, plus pages for the reader to record their own journey. More than a memoir, *29 Gifts* offers inspiring lessons on how a simple daily practice of altruism can dramatically alter your outlook on the world.

At age thirty-five, Cami Walker was burdened by an intensified struggle with multiple sclerosis, a chronic neurological disease that left her debilitated and depressed. Then she received an uncommon “prescription” from South African healer Mbali Creazzo: Give away 29 gifts in 29 days. *29 Gifts* is the insightful story of the author's life change as she embraces and reflects on the naturally reciprocal process of giving. Many of Walker's gifts were simple—a phone call, spare change, a Kleenex. Yet the acts were transformative. By Day 29, not only had Walker's health and happiness improved, but she had created a worldwide giving movement. *29 Gifts* shows how a simple, daily practice of altruism can dramatically alter your outlook on the world.

In J. L. Carr's deeply charged poetic novel, Tom Birkin, a veteran of the Great War and a broken marriage, arrives in the remote Yorkshire village of Oxgodby

where he is to restore a recently discovered medieval mural in the local church. Living in the bell tower, surrounded by the resplendent countryside of high summer, and laboring each day to uncover an anonymous painter's depiction of the apocalypse, Birkin finds that he himself has been restored to a new, and hopeful, attachment to life. But summer ends, and with the work done, Birkin must leave. Now, long after, as he reflects on the passage of time and the power of art, he finds in his memories some consolation for all that has been lost. Max is sent to bed without supper and imagines sailing away to the land of Wild Things, where he is made king.

Out of nowhere, like a cool breeze in a marketplace crowded with advice, comes Byron Katie and "The Work." In the midst of a normal life, Katie became increasingly depressed, and over a ten-year period sank further into rage, despair, and thoughts of suicide. Then one morning, she woke up in a state of absolute joy, filled with the realization of how her own suffering had ended. The freedom of that realization has never left her, and now in *Loving What Is* you can discover the same freedom through The Work. The Work is simply four questions that, when applied to a specific problem, enable you to see what is troubling you in an entirely different light. As Katie says, "It's not the problem that causes our suffering; it's our thinking about the problem." Contrary to popular belief, trying to let go of a painful thought never works; instead, once we have done The Work, the thought lets go of us. At that point, we can truly love what is, just as it is. *Loving What Is* will show you step-by-step, through clear and vivid examples, exactly how to use this revolutionary process for yourself. You'll see people do The Work with Katie on a broad range of human problems, from a wife ready to leave her husband because he wants more sex, to a Manhattan worker paralyzed by fear of terrorism, to a woman suffering over a death in her family. Many people have discovered The Work's power to solve problems; in addition, they say that through The Work they experience a sense of lasting peace and find the clarity and energy to act, even in situations that had previously seemed impossible. If you continue to do The Work, you may discover, as many people have, that the questioning flows into every aspect of your life, effortlessly undoing the stressful thoughts that keep you from experiencing peace. *Loving What Is* offers everything you need to learn and live this remarkable process, and to find happiness as what Katie calls "a lover of reality."

Paris, at the dawn of the modern age: Prince Sebastian is looking for a bride—or rather, his parents are looking for one for him. Sebastian is too busy hiding his secret life from everyone. At night he puts on daring dresses and takes Paris by storm as the fabulous Lady Crystallia—the hottest fashion icon in the world capital of fashion! Sebastian's secret weapon (and best friend) is the brilliant dressmaker Frances—one of only two people who know the truth: sometimes this boy wears dresses. But Frances dreams of greatness, and being someone's secret weapon means being a secret. Forever. How long can Frances defer her dreams to protect a friend? Jen Wang weaves an exuberantly romantic tale of identity, young love, art, and family. A fairy tale for any age, *The Prince and the Dressmaker* will steal your heart.

Bring a new herb into your kitchen with this tasty unique collection of recipes for bite-sized, low-dose sweet and savory cannabis edibles. This cookbook ventures boldly beyond pot brownies with delicious and unique baked confections as well as innovative savory treats. Designed for bakers and cooks of all skill levels, *Edibles: Small Bites for the Modern Cannabis Kitchen* includes simple recipes like spiced superfood truffles and roasted beet hummus, alongside more advanced recipes like artisanal marshmallows and Gruyère & green garlic gougères—all brought to life with vibrant photography. Complete with instructions for creating master ingredients such as canna butters, oils, honey, and maple syrup, as well as information on

dosage and portions and the science of cannabis, this cookbook slash baking book gives cannabis newbies and connoisseurs alike the info they need to create an easy, safe, and delicious edibles experience. • A DIY recipe book for beginner and advanced cannabis bakers • Contains detailed information on correct dosage and portions • Provides tips, tricks and tools of the trade Author Stephanie Hua is the founder and chief confectioner of the popular gourmet edibles line, Mellows, and co-author Coreen Carroll is a winner on the Netflix television series Cooked with Cannabis, executive chef, and cofounder a dining pop-up, Cannaisseur Series, which hosts curated cannabis and culinary experiences, events, and workshops. Those who like The Easy Cannabis Cookbook: 60+ Medical Marijuana Recipes for Sweet and Savory Edibles, Bong Appétit: Mastering the Art of Cooking with Weed, and Marijuana Edibles: 40 Easy and Delicious Cannabis-Infused Desserts and other cannabis cookbooks will want to add Edibles to their collection. • Delightful addition to any foodie's book shelf • Thoughtful gift for anyone who enjoys cooking, baking, and eating edibles • Cannabis-curious cookbook collectors will appreciate these unique recipes

One month after her wedding day, thirty-three-year-old Cami Walker was diagnosed with multiple sclerosis, and the life she knew changed forever. Cami was soon in and out of L.A.s emergency rooms with alarming frequency as she battled the neurological condition that left her barely able to walk and put enormous stress on her marriage. Each day brought new negative thoughts: Im going to end up in a wheelchair. Marks probably going to leave me. My life is over. Why did this have to happen to me? Then, as a remedy for her condition, Cami received an uncommon prescription from a friend, an African medicine woman named Mbali Creazzo: Give away 29 gifts in 29 days. By giving, Mbali told her, you are focusing on what you have to offer others, inviting more abundance into your life. The gifts, she said, could be anything, but their giving had to be both authentic and mindful. At least one gift needed to be something she felt was scarce in her life. 29 Gifts is Camis poignant and unforgettable story of embracing the natural process of giving and receiving. Many of her gifts were simple a phone call, spare change, even a Kleenex. Yet the acts of kindness were transformative. By Day 29, not only had her health and happiness turned around, but she had also embarked on creating a worldwide giving movement. Including personal essays from members of the 29 Gifts.org online community whose lives changed for the better after taking the Challenge, 29 Gifts shows just how a simple, daily practice of altruism can dramatically alter your outlook on the world.

The #1 New York Times bestselling series continues! Snowfall didn't expect to be queen of the IceWings at such a young age, but now that she is, she's going to be the best queen ever. All she has to do is keep her tribe within IceWing territory, where it's safe -- while keeping every other tribe out, where they belong. It's a perfect and simple plan, backed up by all the IceWing magic Snowfall can find. That is, until a storm of unidentified dragons arrives on her shore, looking for asylum. The foreigners are completely strange and, Snowfall is certain, utterly untrustworthy. But as she escorts the miserable new tribes out of her kingdom, Snowfall is forced to reconsider her plan. Maybe she can only keep her tribe safe . . . if she's willing to risk everything.

The Gift of the Magi is a treasured short story written by O. Henry. A young and very much in love couple can barely afford their one-room apartment, let alone the extra expense of getting Christmas presents for one another. But each is determined to show their love for the other in this traditional time of giving; each sells a thing they hold most dear in order to afford a present, with poignant and touching results that capture their love for one another.

In this "raucous, moving, and necessary" (San Francisco Chronicle) story by a Pulitzer Prize finalist, the De La Cruzes, a family on the Mexican-American border, celebrate two of their most beloved relatives during a joyous and bittersweet weekend. National Bestseller and National Book Critics Circle Award finalist A New York Times Notable Book / One of the Best

Books of the Year from National Public Radio, American Library Association, San Francisco Chronicle, BookPage, Newsday, BuzzFeed, Kirkus Reviews, St. Louis Post-Dispatch, Literary Hub "All we do, *mija*, is love. Love is the answer. Nothing stops it. Not borders. Not death." In his final days, beloved and ailing patriarch Miguel Angel de La Cruz, affectionately called Big Angel, has summoned his entire clan for one last legendary birthday party. But as the party approaches, his mother, nearly one hundred, dies, transforming the weekend into a farewell doubleheader. Among the guests is Big Angel's half brother, known as Little Angel, who must reckon with the truth that although he shares a father with his siblings, he has not, as a half gringo, shared a life. Across two bittersweet days in their San Diego neighborhood, the revelers mingle among the palm trees and cacti, celebrating the lives of Big Angel and his mother, and recounting the many inspiring tales that have passed into family lore, the acts both ordinary and heroic that brought these citizens to a fraught and sublime country and allowed them to flourish in the land they have come to call home. Teeming with brilliance and humor, authentic at every turn, *The House of Broken Angels* is Luis Alberto Urrea at his best, and cements his reputation as a storyteller of the first rank. "Epic . . . Rambunctious . . . Highly entertaining." --New York Times Book Review "A raucous, moving, and necessary book . . . Intimate and touching . . . the stuff of legend." --San Francisco Chronicle "An immensely charming and moving tale." --Boston Globe

Meditation helps us to cut through the agonizing clutter of superficial mental turmoil and allows us to experience more spacious and joyful states of mind. It is this pure and luminous state that I call your Wildmind. From how to build your own stool to how a raisin can help you meditate, this illustrated guide explains everything you need to know to start or strengthen your meditation practice.

Enjoy 20 limited-detail illustrations, designed for those who would rather keep it simple. Each page was hand-drawn and edited by K J Kraemer, with you in mind. If you don't want to spend days on a project or just want room to get creative, this adult coloring book is for you!

"A vision that encompasses two worlds and weaves the lessons of both into a fine tapestry."?Clarissa Pinkola Éstes.

A spiritual leader featured in *The Secret* challenges readers to search within themselves for the key to unlocking their future and changing their lives in amazing ways, in a book that teaches inner spiritual work, rather than religiosity or dogma, and is structured around the key themes of transformation, peace, abundance, and more. Original.

A celebration of the meaning and comfort printed books bring to our homes and lives, from the curation and design experts at Juniper Books. Explore the significance of the home library, embellished with alluring photography and illustrations, in a keepsake worthy of any bibliophile's collection. *For the Love of Books* shares the vision of Juniper Books, a business that embraces the roles that books fulfill in our lives and their staying power. It recounts the history of books and private libraries, and champions the resilience of books in the digital era. Dive into the nuances that define books for reading, books for decoration, and books for inspiration. Instructive chapters provide useful details for creating and curating one's own home library, whether it be a single shelf or multiple rooms each with their own collection. You will never look at your bookshelves the same way again. *For the Love of Books* is about storytelling beyond the pages of our favorite books. Our books—the ones we choose to keep—tell the story of who we are. They remind us who we once were and who we aspire to be. Thatcher Wine founded Juniper Books in 2001. The company creates custom libraries and has perfected the art of turning books inside out to allow for books to tell stories not just to us, but about us. Working with booklovers, homeowners, and designers, Juniper Books has provided the world with a fresh new approach to the printed book. Thatcher grew up in New York City where his parents owned and operated *The Quilted Giraffe*, one of the most innovative restaurants in America. Thatcher graduated from Dartmouth College with a degree in history

and art history and lives in Boulder, Colorado. Elizabeth Lane is the founder of Quarterlane, a quarterly subscription book service which merged with Juniper Books in 2018. She is also the book buyer for her local independent bookstore, Partners Village Store and Kitchen in Westport, Massachusetts. Prior to working in books, Elizabeth worked in contemporary visual art—in galleries, nonprofit initiatives and museums in New York, Austin, and Chicago. Elizabeth graduated from Davidson College with a degree in art history and received her masters degree from the School of the Art Institute of Chicago.

MORE THAN ONE MILLION COPIES SOLD New York Times bestselling author Ann Voskamp invites you to embrace everyday blessings and embark on the transformative spiritual discipline of chronicling God's gifts. Just like you, Ann Voskamp hungers to live her one life well. Forget the bucket lists that have us escaping our everyday lives for exotic experiences. "How," Ann wondered, "do we find joy in the midst of deadlines, debt, drama, and daily duties? What does the Christ-life really look like when your days are gritty, long - and sometimes even dark? How is God even here?" In *One Thousand Gifts*, Ann invites you to discover a way of seeing that opens your eyes to ordinary amazing grace, a way of living that is fully alive, and a way of becoming present to God that brings you deep and lasting joy. It's only in the expression of gratitude for the life we already have, we discover the life we've always wanted . . . a life we can take, give thanks for, and break for others. We come to feel and know the impossible right down in our bones: we are wildly loved - by God. Let Ann's beautiful, heart-aching stories of the everyday give you a way of seeing that opens your eyes to ordinary amazing grace, a way of being present to God that makes you deeply happy, and a way of living that is finally fully alive. Come live the best dare of all! For extended study into the *One Thousand Gifts* message, Ann has also created the *One Thousand Gifts* video study and study guide, a *One Thousand Gifts* devotional, and a special gift edition. This title is also available in Spanish, *Millar de Obsequios*.

Are there gifts you can't buy? What is their value? *The Gifts You Cannot Buy* is a children's book written in poetry form that explores those questions. Some gifts are so powerful, they are priceless. This beautiful and inspiring book helps readers of all ages reflect on some of the most important things in life: people, friendship, time, nature, faith, love and hope. It will bring families together as they discuss the themes and topics of the book and view the simple yet enchanting illustrations. What are some of the gifts you've received in your life that are priceless? What do they mean to you? How have they changed your life? Open up conversation with your loved ones, steer them toward the more important things in life and encourage your little ones to appreciate what they have. * Bonus Content: At the end of the book you will find the sections "Let's think about it" and "An activity for you" with questions that stimulate reflection and discussion on the theme of the story and an activity that will help the entire family to create lasting memories while exercising values and gratitude. ***** Praise for *The Gifts You Cannot Buy* ****: "Sometimes the simplest things really are the best. *The Gifts You Cannot Buy* is a tender look at the beautiful ways in which we are all gifted daily and with those treasures that truly cannot be bought. The whimsical art was as gentle as the text and woven together, this book is a reminder to pay attention to what really matters" Patrice Karst best selling Author of *THE INVISIBLE STRING*, *THE INVISIBLE STRING WORKBOOK*, and *THE INVISIBLE LEASH* Target Audience: Children from 0 to 100 years old- Ideal for Ages: 3, 4, 5, 6, 7, 8 and 9. Pre K, Kindergarten, Elementary ** This book is also available in Portuguese. One recent December, at age 53, John Kralik found his life at a terrible, frightening low: his small law firm was failing; he was struggling through a painful second divorce; he had grown distant from his two older children and was afraid he might lose contact with his young daughter; he was living in a tiny apartment where he froze in the winter and baked in the summer; he was 40 pounds overweight; his girlfriend had just broken up with him; and overall, his dearest life dreams--including hopes of upholding idealistic legal principles and of

becoming a judge--seemed to have slipped beyond his reach. Then, during a desperate walk in the hills on New Year's Day, John was struck by the belief that his life might become at least tolerable if, instead of focusing on what he didn't have, he could find some way to be grateful for what he had. Inspired by a beautiful, simple note his ex-girlfriend had sent to thank him for his Christmas gift, John imagined that he might find a way to feel grateful by writing thank-you notes. To keep himself going, he set himself a goal--come what may--of writing 365 thank-you notes in the coming year. One by one, day after day, he began to handwrite thank yous--for gifts or kindnesses he'd received from loved ones and coworkers, from past business associates and current foes, from college friends and doctors and store clerks and handymen and neighbors, and anyone, really, absolutely anyone, who'd done him a good turn, however large or small. Immediately after he'd sent his very first notes, significant and surprising benefits began to come John's way--from financial gain to true friendship, from weight loss to inner peace. While John wrote his notes, the economy collapsed, the bank across the street from his office failed, but thank-you note by thank-you note, John's whole life turned around. 365 Thank Yous is a rare memoir: its touching, immediately accessible message--and benefits--come to readers from the plainspoken storytelling of an ordinary man. Kralik sets a believable, doable example of how to live a miraculously good life. To read 365 Thank Yous is to be changed.

Use This Paperback Journal To Record Your Thoughts, Goals and Dreams.100 pages 6*9 trim size

There are many types of gifts. You can give a big, shiny, wrapped gift on Christmas morning, but you can also give the gifts of your help or your time. You can bake a cake for your parents or share what you learned in school with your little sister. You can help a friend unravel a knotty bracelet or smile at a stranger who looks sad. With a spirit of generosity, you'll find you have many gifts to give to the world--and that giving can be even more fulfilling than receiving. Featuring a die-cut cover and interior flaps throughout, My Little Gifts celebrates the gift of giving. The Growing Hearts series celebrates the milestones of a toddler's emotional development, from conquering fears and expressing feelings to welcoming a new sibling.

In the ruins of civilization, a young girl's kindness and capacity for love will either save humanity -- or wipe it out in this USA Today bestselling thriller Joss Whedon calls "heartfelt, remorseless, and painfully human." Melanie is a very special girl. Dr Caldwell calls her "our little genius." Every morning, Melanie waits in her cell to be collected for class. When they come for her, Sergeant keeps his gun pointed at her while two of his people strap her into the wheelchair. She thinks they don't like her. She jokes that she won't bite, but they don't laugh. The Girl With All the Gifts is a genre-defying, emotionally charged thriller that will shatter your expectations of the classic zombie novel. For more from M. R. Carey, check out:Someone Like MeFellsideThe Boy on the Bridge By the same author, writing as Mike Carey: The Devil You Know Vicious Circle Dead Men's Boots Thicker Than Water The Naming of the Beasts

In his sixth business book, bestselling author, entrepreneur, and investor Gary Vaynerchuk explores the twelve essential emotional skills that are integral to his life—and business—success and provides today's (and tomorrow's) leaders with critical tools to acquire and develop these traits. For decades, leaders have relied on “hard” skills to make smart decisions, while dismissing the importance of emotional intelligence. Soft skills like self-awareness and curiosity aren't quantifiable; they can't be measured on a spreadsheet and aren't taught in B-schools or emphasized in institutions. We've been taught that emotional intelligence is a “nice to have” in

business, not a requirement. But soft skills can actually accelerate business success, Gary Vaynerchuk argues. For analytical minds, it's challenging to understand how to get "better" at being self-aware, curious, or empathetic—or even why it's important to try. In this wise and practical book, Gary explores the 12 human ingredients that have led to his success and happiness and provides exercises to help you develop these traits yourself. He also shares what the "half" is—that emotional ingredient of leadership he's weakest at and makes the most effort to improve. Working through the ideas and exercises in the book, he teaches you how to discover your own "halves" and offers insight on how to strengthen them. Gary's secret to success is using these twelve traits in varying mixtures, depending on the situation. But how do we know when to balance patience with ambition? Humility with conviction? Gary provides real-life examples involving common business scenarios to show you how to use them together for optimum results. This iconoclastic book will help you refine your ingredients and improve your leadership capabilities. When implemented in the proper situation, these ingredients can help leaders land promotions, retain core employees, move faster than competitors, win the loyalty of customers, and build successful organizations that last.

"Extraordinary." --Stephen King "This book is not simply the great American novel; it's the great novel of las Americas. It's the great world novel! This is the international story of our times. Masterful." --Sandra Cisneros También de este lado hay sueños. On this side too, there are dreams. Lydia Quixano Pérez lives in the Mexican city of Acapulco. She runs a bookstore. She has a son, Luca, the love of her life, and a wonderful husband who is a journalist. And while there are cracks beginning to show in Acapulco because of the drug cartels, her life is, by and large, fairly comfortable. Even though she knows they'll never sell, Lydia stocks some of her all-time favorite books in her store. And then one day a man enters the shop to browse and comes up to the register with a few books he would like to buy--two of them her favorites. Javier is erudite. He is charming. And, unbeknownst to Lydia, he is the jefe of the newest drug cartel that has gruesomely taken over the city. When Lydia's husband's tell-all profile of Javier is published, none of their lives will ever be the same. Forced to flee, Lydia and eight-year-old Luca soon find themselves miles and worlds away from their comfortable middle-class existence. Instantly transformed into migrants, Lydia and Luca ride la bestia--trains that make their way north toward the United States, which is the only place Javier's reach doesn't extend. As they join the countless people trying to reach el norte, Lydia soon sees that everyone is running from something. But what exactly are they running to? American Dirt will leave readers utterly changed. It is a literary achievement filled with poignancy, drama, and humanity on every page. It is one of the most important books for our times. Already being hailed as "a Grapes of Wrath for our times" and "a new American classic," Jeanine Cummins's American Dirt is a rare exploration into the inner hearts of people willing to sacrifice everything for a glimmer of hope.

A sudden departure. A story decades in the making. The chaotic but happy equilibrium of the Nightingale family is thrown into disarray when Cecily--whose children can't remember her ever being remotely spontaneous--disappears to a Greek island with no warning or explanation. Her reasons for doing something so out of character are a total mystery to her three daughters, high-powered executive Felicity, unfulfilled GP Julia and organised mother-of-five Lily. What connection could she possibly have with

Kefalonia? But Cecily has gone to continue a story she thought ended decades ago--one that could have a huge impact on her family. And when she returns, she'll have to tell them the truth. Will Cecily be able to hold her family together once she reveals her big secret? And might she discover that she's not the only one with a story to tell?

No matter when and why this comes to your hands, I want to put down on paper how things started with us. Written as a letter to her children, Kelly Corrigan's *Lift* is a tender, intimate, and robust portrait of risk and love; a touchstone for anyone who wants to live more fully. In *Lift*, Corrigan weaves together three true and unforgettable stories of adults willing to experience emotional hazards in exchange for the gratifications of raising children. *Lift* takes its name from hang gliding, a pursuit that requires flying directly into rough air, because turbulence saves a glider from "sinking out." For Corrigan, this wisdom--that to fly requires chaotic, sometimes even violent passages--becomes a metaphor for all of life's most meaningful endeavors, particularly the great flight that is parenting. Corrigan serves it up straight--how mundanely and fiercely her children have been loved, how close most lives occasionally come to disaster, and how often we fall short as mothers and fathers. *Lift* is for everyone who has been caught off guard by the pace and vulnerability of raising children, to remind us that our work is important and our time limited. Like Anne Morrow Lindbergh's *Gift from the Sea*, *Lift* is a meditation on the complexities of a woman's life, and like Corrigan's memoir, *The Middle Place*, *Lift* is boisterous and generous, a book readers can't wait to share.

This book is uniquely original and can be personalized with any girl's name. How fun is that? Think of the possibilities: baby or shower gifts, birthdays, a special something from grandma, and more. You can purchase the book as shown, using Faith in the title, or personalize it to suit your specific needs. Simply contact us at eStoryTime.com BEFORE placing your Amazon order and we'll take care of the rest. After contacting us, you'll still need to order the book through Amazon, so we'll send you a direct link to use when placing your order. It will assure the book is personalized with the name you've requested. We've taken the worry out of the process and your child will be thrilled with the final product. Who doesn't like to see their name on the cover or hear it related throughout the story? The author, Melissa Ryan, is the mother of five children and knows the importance of reading to your little ones. It instills a love of books and fosters an active imagination in the youngest of readers. Help start them on a path of discovery with Melissa's stories. The tale of Faith is perfect for bedtime, especially when unleashing the child's wonder by using her own name. This is a book that can be enjoyed over and over again, and will be remembered long after the last page is read and the lights turned out. Faith's Hiccum-ups Day is beautifully written and will hold your child's attention while you share this delightful tale. Tag along with Faith as she giggles, HIC's, and jumps her way through a day with the hiccum-ups. See the silly things her family suggests to solve her problem. It's a day filled with enough fun for everyone. Faith will capture your heart, and the moments spent reading it together will build fond memories that will be cherished throughout the years. Your little girls grow up all too fast; make lasting impressions while you can. This is just one of several books offered by Melissa in her ever-expanding children's book series. You'll learn to love and appreciate the extra attention that goes into each volume. Special care is taken to keep

the child's heart at the center of each story, helping them build character and learn something along the way. Encourage that special child in your life to embrace what is truly unique, and sometimes funny, about their developing personalities. Spend a few minutes with Faith on her I-Didn't-Do-It kind of day and make bedtime special, while you create a binding relationship with the power of reading...you'll look back in awe at the foundations you've built. Please customize and purchase this book for a special little girl in your life today. Tags: personalized children's books, personalized gifts, personalized baby gifts, personalized, bedtime stories, bedtime story, Faith, 1st birthday gifts

Everyone has a unique combination of strengths, hobbies, interests, need, and experiences-your Shine. Together, they create the light you bring to the world. The Shine Method and this book will help you find yours.

The first female winner of The Biggest Loser shares her inspiring story of weight loss and personal transformation When Ali Vincent became a contestant on NBC's hit show, The Biggest Loser, her weight was at an all-time high of 234 pounds—and her life had reached an all-time low. Like millions of Americans, Ali struggled for years with poor eating habits, family problems, stress, and low self-esteem. After years of being afraid, ashamed, and unhappy, she resolved to change her life. Believe It, Be It is Ali's intimate story of personal and physical transformation, and a behind-the-scenes look at life on The Biggest Loser ranch. For anyone who has ever battled with weight or struggled to accept themselves, Ali Vincent's story provides hope that a happier, healthier, more fulfilling life is within reach.

Dr. Seuss's wonderfully wise Oh, the Places You'll Go! is the perfect gift to celebrate all of our special milestones—from graduations to birthdays and beyond! From soaring to high heights and seeing great sights to being left in a Lurch on a prickly perch, Dr. Seuss addresses life's ups and downs with his trademark humorous verse and whimsical illustrations. The inspiring and timeless message encourages readers to find the success that lies within, no matter what challenges they face. A perennial favorite and a perfect gift for anyone starting a new phase in their life!

The Author's Book Journal is a must have for anyone writing a book or a novel. It easily lets you keep track of events and characters in your chapters. There are dedicated pages for 100 chapters, plus main character profiles, secondary characters profiles and also pages to note reference research sources, acknowledgements, quotes, notes, prologue, epilogue, back cover blurb, beta readers, ARC reviews, publishing details, author details. You also have some extra pages at the back for making notes on ideas for your next book. Keep all your book information in one handy place. Journal size 7x10 inches.

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